

GR8FLEX DUMBBELLS



<https://www.GR8FLEX.com/>

Anti-Slip Handle

Slip resistant texture offers comfortable and safe grip.

Rapid Weight Selection System

Easy weight adjustments in 9-pound increments



Color Options



Carbon Fiber Black



Military Green

Secure Storage Tray

Store your dumbbells secure and well-organized

PRODUCT SPECIFICATIONS

Name	Military Training Tech 552
Color	Military Green
Number of pieces	Single or Pair Options
Package Dimension	62.23 cm x 55.88 cm x 40.64 cm 24.5" x 22" x 16" (LxWxH)
Weight	55.34 kg (122 lbs)
Item Dimension	Dumbbell Only: 41.9 cm x 19 cm x 19 cm 16.5" x 7.5" x 7.5" (LxWxH) With Tray: 47 cm x 19.81 cm x 19.81 cm 18.5" x 7.8" x 7.8" (LxWxH)
Weight	Dumbbell: 24 kg (55 lbs)
Materials	Steel, Plastic
Warranty	Limited Lifetime Warranty

FEATURES & DETAILS

Introducing **GR8FLEX adjustable dumbbell set** - The ultimate solution to help you achieve your fitness goals more efficiently.

- **Limited Lifetime Warranty** for worry-free use, including the anti-slip handle, weights/disks, and storage tray.
- **Replaces 6 individual dumbbells** with 5 weight increments, each compact adjustable set maximizing your workout and living space.
- **Rapid Weight Selection System** for easy weight adjustments in 9-pound increments (10, 19, 28, 37, 46, and 55 lbs) for totally customizable training.
- **Durable construction designed** from steel and hardened plastic, ensuring stability during your workout.
- Includes an **anti-slip tray for secure** and organized storage, keeping your home gym clutter-free.
- **Anti-slip handle** for comfortable and safe grip during high-intensity workouts.
- **Intelligent Patents Pending Design** offers a wider range and angle of arm workout movement.
- **Full Body Resistance Training** strengthens your legs, back, chest, abs, core, shoulders and arms for complete muscle development.
- **Unique Military Design** suitable for all sports and fitness levels.

➔ Visit [GR8FLEX.com](https://www.GR8FLEX.com) to see more information, exercise videos and instructions.